**JT CARE HOMES LTD**

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**ISSUE NO. 41 SPRING 2018**

**RESIDENT’S NEWS**

**HELLO’S**

A warm welcome to Edward at the Brooklands. Also to Audrey, Cynthia, Mary, Margaret H and Margaret P at The Brooklands and to Elsie and Pam at Oxford House who have all come to stay with us for a short while. We hope you all settle into your new surroundings.

**BIRTHDAY ANNOUNCEMENTS**

Edward (BR) on 20th January Jean (OX) on 5th March

Eric (FM) on 21st January Ellen (BR) on 14th March

Jack (FM) on 15th February Margaret (BR) on 23rd March

Caroline (OX) on 18th February Barbara (OX) on 26th March

Marion (BR) on 26th February

**HAPPY BIRTHDAY TO EVERYONE**

**ACTIVITIES**

**REGULAR ACTIVITIES AT ALL HOMES**

* Hairdresser weekly at all homes
* Aromatherapy with Mary at Fairmont
* Exercises and games with Margaret 2 times per week
* Holy communion weekly
* Fortnightly reflexology at Fairmont
* Weekly movie night and takeaway at Fairmont
* Film afternoons at Oxford House/Brooklands
* Chiropodist visits regularly

**BROOKLANDS**

Residents have had their nails painted by our staff

We had a Movie day –residents decided to watch West side story

Zoolab visited with their creepy crawlies.

Feely bag activities with Margaret

Residents folded towel / napkins and cleaned tables

Ice cream day - residents had a variety of different ice creams and toppings

Hunt for happiness crafts - residents enjoyed colouring / painting

Hot Tea - Tea Party - All residents enjoyed a variety of teas and home made cakes

World cheese day - Cheese taster day with crackers and wine

 National pie day - a variety of homemade pies for everyone

 Burns night - decorations / haggis and shortbread

 OOMPH football and exercises - Sue and Kim

We held a tea party on Dignity Day

Cynthia went to church with Kim

Pizza making – residents enjoyed making their own pizzas with a variety of toppings

 Pancake day - pancakes for all residents with a selection of extra toppings

Valentines Day - decorations / chocolates and cards

 Poppy and Jacks nursery visit each week - brought cards on valentines, they have also been singing for the residents and playing music.

 Blackpool sing along special Music afternoon

Floral prints colouring.

Fish and chip supper

Residents have been making pom poms out of wool to make into animals

Residents played HOY for chocolate

Phantom winger - Irish Jig - connie, olive, pat, ellen, kath l, Cynthia and Elizabeth

 Decorated for Chinese new year

St Patricks Day - decorated the home / green cake and soup!! and cocktails Hangman for chocolate prizes

**OXFORD HOUSE**

January 2018

01/01/18 – Quiz in afternoon and buffet tea

04/01/18 – Pet Therapy session with Rolo the dog

07/01/18 – MR C had telephone chat with daughter in Leicester

                   JB – out for Costa Coffee

                   Movie Night – Holiday Inn

08/01/18 – Nails painted for ladies

                   Bean Bag questions and answer game

10/01/18 – JD and JP looking at items in sewing corner and reminiscing with manager about JP’s mother sewing for Royalty and Gentry in London

                   Claire H showing CB how to take selfies!!

                   JD and JP showing Jenna how to cast on and knit

11/01/18 – Sing-a-long afternoon, MW reading stories out of Take-a-Break magazine for everyone, staff and residents having general chat about anything and everything.

12/01/18 – JP playing Patience with cards brought in by Sharon A

13/01/18 – Manicure afternoon for all residents

18/01/18 – Alzheimers Activity Book – Finish the Saying/Sentence

20/01/18 – OOPMH Exercise Afternoon

25/01/18 – Nails Cut and Painted

27/01/18 – Snakes and Ladders

28/01/18 – Pizza Making for tea

                  Movie Night – Gone With The Wind

February 2018

02/02/18 – Cookie Making afternoon

04/02/18 – DM chatted with her sister on telephone

05/02/18 – Cake making afternoon for tea

09/02/18 – Valentines Card making

10/02/18 – MH out to church

11/02/18 – EP out for tea

12/02/2018 - Snakes and Ladders

14/02/18 - Valentines Day Meal, Chocolate Hearts for residents tables at lunch, paper napkins with hearts, heart shaped ice cubes for drinks, heart shaped biscuits, red heart shaped sponges with jam and cream

16/02/18 – Trimmed the home and celebrated Chinese New Year with buffet tea

18/02/18 – EP out for tea

23/02/18 – OOMPH Exercise Class

26/02/18 – OOMPH Exercise and Sing-a-Long

March 2018

01/03/18 – Trimmed up and Celebrated St David’s Day, Sharon bought new table flower decorations for table - Daffodils

07/03/18 - Chiropodist

08/03/18 – Nails and Reminiscence

10/03/18 – DM out for lunch

                  JD out for tea

11/03/18 – Celebrated Mothers Day – Cooked Breakfast and Special Lunch

                  EP out with family

12/03/18 – Tea Tasting afternoon

14/03/18 – Easter Bonnet Making

15/03/18 -  Entertainer – Blackpool Bus Sing-a-Long from start of journey to coming home

16/03/18 – Easter Card Making

17/03/18 – Trimmed up and Celebrated St Patricks Day

28/03/18 – JP out to Asda with Sharon A

29/03/18 – Bill and Edna - Celebrated 70 years of Marriage ( Platinum Wedding Anniversary), Rachel Mercer Entertainer, Buffet Tea and Cava – well done to everyone who managed to gather cake/balloons/card/banners etc and book entertainer at short notice!!!

31/03/18 – OOMPH Exercise Class

                   JP made chocolate rice krispie cakes with Emma for tea

                  MS out for lunch

                  RM out for lunch

Mr C goes Temple every Monday and Friday, also has lunch at Temple

Jane B –has been out for walks with Sarah and Donna D

**FAIRMONT**

**January**

Weekly papers and magazines

Neil went out to lunch with his mum and brother

Marks mum visited with his dog Bugsy

Franks son and family visited lots

Eric went out for lunch with family

Jimmy visited his sister

RW brother visited

JR sister visited

PD son visited KH wife visited and went for a walk around the garden

Prize bingo and scones day

JDE family visited

Movie and nibbles

JB family visited

Franks birthday bash with cake and family

Snowball fights

JDE friends visited with the dog

JR the Pastor David visited her

Craft afternoon

Games and cards

Nail painting

Reminiscing afternoon with Donna

Hangman and singalong with Bev

Bowling and skittles

Bingo afternoon take away night Chinese

Singing and dancing with residents

The game Cluedo

Playing on the WII

Celia went to Michelle’s house for her tea and watched a film

EB had a lovely birthday cake and singing

Panto Robin hood

**February**

1st was dignity day we had a tea party and made valentines cards

Movie and nibbles

Nail painting

Lots of family visits from MD FL JDE, NW

Residents palyed the sticker on the head games when you guess what you are with Tina and Lauren

LH making salt dough hearts for valentines with residents

Staff asking about pasts and history with residents

Brenda visted with her dog Gizmo

Jigsaws with RL CH.

Lots of Oomph activites bowling on the wii

River monster about fishing on Netflix

Donna went around the residents with “guess how many mini eggs there are in the jar”

National monopoly day with Bev RL,CA,SB,BG

Memory ball game and catch

CH sister and family visited from Kent with their dog

Twiddle muffs and Oomph newsletters scattered around

Celia out for tea at Michelle’s house

JDE granddaughter visited with Rocky the dog and had cuddles with residents

Chocolate given to all residents for chocolate day

We had a singer preform with his guitar and sang all residents loved and enjoyed this with tamborines

Dancing and singing with residents

One to one activites

Cards given to all residents for Valentines day with chocolate and cake and sing along

Pancake Day all residents tried the savoury and sweet ones

**March**

Clay making

One to ones with the oomph memory book

Residents reading the oomph news paper

Snow ball fights

Jigsaws

Musical instruments

Balloon volleyball

Quiz mornings

Films and nibbles

Easter craft making cards and eggs painting

Outings / visits

Shopping and afternoon tea with SB JDx

EB out for lunch with family

JR sisters visiting and brought in cakes

NW mum visits and has chat

KH wife visits

JDE daughter and Rocky the dog visited

NW went out shopping to buy a Mothers Day gift

PD son Michael visited with flowers

VT daughters visited with presents

Phantom winger Pub to watch the Irish Jig singer

NW EB MD BLACKPOOL TEA DANCE SB RW JDE EB BC CH all really enjoyed

RW brother and sister in law visited

BC out for lunch with staff

VT Husband visited

Staff visiting RL in hospital

Play your cards right

BG Friends visited and had chat also sister in laws visited.

Smart Kids nursery visited for book week dressed up and played games with the residents

The cub scouts visited and brought in gifts for all our residents

Nightwear party residents purchased their new nightwear

St Patricks Day we trimmed up in green and white put Irish music on and danced Tony made green fairy cakes we organised an Irish singer to come in on 30TH March

Blackpool singalong all residents enjoyed the memory bus journey and sang their hearts out

**IMPROVEMENTS AROUND THE HOMES**

Fire alarms and emergency lighting systems have been tested in all homes.

Kevin our handymen has been PAT testing all electrical appliances in our homes.

We have started to obtain our cleaning supplies from Shorrock Trichem. They have fitted new dispensers for hand gel, soap and hand towels throughout all our buildings.

We have obtained a supply of replacement nurse call buzzer switches from Acewell Electronics.

We have supplied more comfortable chairs for staff to use when completing records

We have standardised our notice boards across the group so that information relevant to residents and visitors is more easily visible. Legal information is now displayed together and we have areas for forthcoming activities and staff achievements in all homes.

Our handymen have been changing taps to lever style to make them easier for residents to use. They have also been cleaning light fittings and radiator covers. They have started to power wash outside areas to get rid of moss and grime.

We have replaced lots of cladding in rooms around the buildings

**BROOKLANDS**

2 new chairs provided to create a reading area on the first floor

3 new blinds supplied by Poppy Blinds

Room 11 has been fully refurbished with new carpets, furniture and re-decorated.

Jigsaw Landscapes have created a new bin storage area and increased parking space at the rear with extra block paving.

Room 4 has had a new set of furniture

We have purchased a new retro style radio/CD player for the residents

We have provided new canvas prints in the dining room.

We have put new retro style photos in the hairdressers room and we have purchased a Bakelite hairdryer to provoke memories for residents.

We have purchased a new SMART TV with funds donated by a late residents family. This will expand the viewing options for residents and give them access to Netflix and Music via the television.

A new automatic door has been fitted with a keypad for access and exit.

Room 14 has been decorated and has new curtains.

The Dining Room has been painted

**FAIRMONT**

**The staff have created a retro themed music room with a 1950s sideboard, old telephone and retro radio. We have also put up some old film posters.**

**The hairdressers room has been updated with new vinyl floor covering and photos. There is also a new nail bar in situ for staff to do manicures for residents**

**6 bedrooms, 3 Corridors and 2 stair carpets have been cleaned by Leyland Cleaning Services.**

**We purchased 8 new chairs for the music room and a drop leaf table for crafts etc.**

**Room 17 has been decorated and has new curtains.**

**We have renewed pipe boxing of central heating pipes in several rooms including the new music room. This will improve the health and safety of our residents and staff.**

**OXFORD HOUSE**

**Leyland Cleaning Services have cleaned several bedroom carpets, plus the lounge and corridors and the stairs and landing**

**3 ensuites have had new vinyl floor coverings**

**Rm 11 has had a new carpet**

**The dining room carpet has been replaced with vinyl flooring. The room was also re-painted at the same time**

**We are investigating ways to improve the heating in the Visitors lounge.**

**The entrance porch has been painted.**

**We have purchased a digital photo frame to keep you updated with activities in the home.**

**We supplied a new ironing board.**

**GOODBYES**

Farewell to Joan who left Brooklands in February and to Harold who left in March. We also said goodbye to Elizabeth in January, Maureen in February and Ann in March who left Oxford House.

Ada passed away on 5th January, Winifred passed away on 28th January and Richard passed away on 15th February all were residents of The Brooklands. Jack passed away on the 29th January and Frank passed away on the 17th February who were residents at Fairmont. Shelia from Oxford House passed away on 28th January. We would like to extend our deepest sympathies to all of their families and friends.

**STAFF NEWS**

We have welcomed the following new staff since the beginning of the year, Emma a new evening carer and Susan a night carer at Oxford House and at Brooklands we have a new domestic Pauline and a new Senior Carer Susan.

**STAFF TRAINING**

**January 2018**

* The Level 2 and Level 3 Health and Social Care Diploma continued to be delivered to staff in house by Runshaw College.
* Our Managers continued working towards their Level 5 Diploma in Leadership and Management in Health and Social Care with Runshaw College.
* 4 staff attended an ‘Assessing Mental Capacity’ Workshop run by One Stop Social.
* Oxford House had their first follow up site visit from OOMPH to support the ongoing implementation and development of our new Wellbeing Program.
* 11 staff from Brooklands attended an in house falls prevention education session.
* 6 staff attended an ‘Advance Care Planning and Communication Skills’ Training Session run by Trinity Hospice and St. Catherine’s Hospice.
* 5 of our company safeguarding champions attended a Safeguarding Champions Workshop.
* 3 staff attended a ‘Safe Administration of Medication’ refresher training course run by Carefully Trained.
* 35 staff completed Infection Control Refresher Training this month.
* 5 staff completed Mental Capacity Act and Deprivation of Liberty Safeguards Refresher Training this month.
* 3 staff completed Moving and Handling Training this month.
* 3 staff completed Food Hygiene and Safety Training this month.

**February 2018**

* The Level 2 and Level 3 Diplomas in Health and Social Care continued to be delivered in house by Runshaw College.
* Our Managers continued working towards their Level 5 Diploma in Leadership and Management in Health and Social Care with Runshaw College.
* Fairmont and Brooklands had their first follow up site visit from OOMPH to support the ongoing implementation and development of our new Wellbeing Program.
* 2 staff attended an ‘Advance Care Planning and Communication Skills’ Training Session run by Trinity Hospice and St. Catherine’s Hospice.
* 3 of our company Infection Prevention and Control Champions attended an Infection Prevention and Control Conference run by Lancashire County Council.
* 4 staff achieved or renewed their Level 2 Award in Emergency First Aid at Work.
* 19 staff completed Mental Capacity Act and Deprivation of Liberty Safeguards Refresher Training this month.
* 3 staff completed Nutrition and Hydration Training as part of their induction or refresher training this month.
* 2 staff completed Fire Safety Awareness Training this month.

**March 2018**

* The Level 2 and Level 3 Diplomas in Health and Social Care continued to be delivered in house by Runshaw College.
* Our Managers continued working towards their Level 5 Diploma in Leadership and Management in Health and Social Care with Runshaw College.
* 41 staff completed Safeguarding Adults refresher training.
* 39 staff completed Safeguarding Children training.
* 27 staff completed Hand Hygiene Training as part of their induction or refresher training this month.
* 4 staff completed Fire Safety Awareness Training this month.
* 5 members of staff successfully achieved their Care Certificate this month.
* 4 members of staff completed training in Sepsis Awareness and National Early Warning Signs (NEWS2) this month. They have started to disseminate this training to other JT Care Homes Staff.
* Joanne (Company Director) attended a GDPR and Cyber Security Workshop run by LCC for Care Providers. The workshop covered GDPR awareness, Lancashire County Council expectations in relation to new GDPR regulations, Password Rules, Recognising Fake Websites & Emerging Threats, Privacy Settings for Social Media and Hacking Issues.

**LOOKING AHEAD**

One of the biggest issues facing us in the next few months is the introduction of the new General Data Protection Regulations on 25th May 2018. This represents a major overhaul of current data protection laws and we will be reviewing all our policies to ensure that they comply with the new tougher rules. We will also be contacting our IT support provider to confirm that any data held on remote backups is secure and manageable. If we communicate with you by email we will shortly be sending a message asking you to confirm that you are happy for us to continue doing so as consent can no longer be assumed.

We are now in the process of transferring our resident records onto our new Cura electronic care system; we can assure you that any data stored on their systems is secure so that you will have no concerns about personal data being misused.

Around the homes we will continue our scheduled maintenance programme of decorating and cleaning. When the weather improves our handymen will focus on getting our outdoor areas ready for use by our residents.

**DIRECTORS BLOG**

**Spring has sprung and there is a definite buzz around our homes at this time of year. Over the last 3 months we have spent time assessing what goals we would like to achieve and acquiring various items to enhance the lives of our residents.**

**At Fairmont we have created a retro music room with a 1950s sideboard, retro style radio and various old film posters. We had a very kind donation from a family of a larger television for the lounge so we have moved the old TV into this room where we plan to show classic films etc and play music. The room will also be used for crafts.**

**We have also created a more suitable hairdressing space which will double up as a nail bar. New flooring and pictures have been fitted along with new seating for whilst residents are waiting.**

**At the Brooklands we have created a new library seating area on the first floor where residents can enjoy quiet time. We have also put up some retro style photos in the hairdressing room, and are working on plans to convert the visitors lounge to a multi themed space for residents.**

**Oxford House have had some new food themed canvas prints for their dining area and a retro style radio so they can play the OOMPH podcasts each week. The visitors lounge will shortly be transformed into a retro hair salon with new flooring, heating and roofing to retain the heat in the room. We have several photos to put on display, a nail bar and a Bakelite hairdryer to evoke some memories.**

**Our staff have been working really hard to offer a range of activities for residents and also have “golden moments” with individuals. These are reviewed each month and staff members receive a small gift as a token of our appreciation for all the hard work they do. Thanks everybody!**

**We have recently refurbished the bungalow at the rear of The Brooklands. It is now available to rent on AirBnB but if any relatives would like to make use of the accommodation provided this can be arranged by contacting our Head Office. It is suitable for up to 6 people plus 1 well behaved dog!**

**SPECIAL REQUEST**

**The staff at all our homes would be grateful for donations of any of the following items which they will be placing in rummage boxes to provide stimulation and interest for our residents:**

**Wool/fabrics, thimbles**

**Shoe cleaning brushes and cloths or old polish tins**

**Any old memorabilia, tins etc that might evoke a memory for our residents**

**Magazines – to be left out for residents to look at**

**Hair rollers, combs, brushes etc**

**Old postcards/photos of Preston or other areas of interest**

**Musical instruments- tambourines, maracas etc**

**If you are having a spring clean or a loft clearout and have any items that you think may be of interest to our residents please bring them in. You can be sure we will make good use of them.**

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